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Interview: *The Fifth Reflection* Author Ellen Kirschman
VETERAN PSYCHOLOGIST REVEALS THE NOT-SEEN-ON-TV
REALITIES OF LIFE IN LAW ENFORCEMENT

The recipient of the California Psychological Association's award for distinguished contribution to psychology and the American Psychological Association's award for outstanding contribution to the practice of police and public safety psychology, Dr. Ellen Kirschman has, throughout her thirty-year career as a clinical psychologist, consulted police departments and conducted police family workshops in twenty-two states and four countries.

With her award-winning non-fiction books, *I Love a Cop: What Police Families Need to Know* and *I Love a Fire Fighter: What the Family Needs to Know*, Dr. Kirschman has provided invaluable guidance to first responder families coping with "spillover" from the job. The lead author of *Counseling Cops: What Clinicians Need to Know*, she is widely regarded as one of the world's leading experts in police psychology – and, in her *Dot Meyerhoff Mystery* series, brings unparalleled insight, perspective, and depth to the contemporary crime fiction community.

On July 11, 2017, the third book in Ellen Kirschman's critically acclaimed *Dot Meyerhoff Mystery* series – *The Fifth Reflection* – will be released with Oceanview Publishing. A heart-pounding page-turner that centers on a chilling case involving Internet crimes against children, *The Fifth Reflection* sees Dr. Kirschman lift the veil on what cops and psychologists really do – and reveal the emotional strain the work takes on them and their families.

"Police work is not what you see on TV," Dr. Kirschman says. "The events and characters in the *Dot Meyerhoff Mystery* series are inspired by real people, real events, and real experiences I've had in my thirty years as a police psychologist. Investigating crimes involving children is one of the most emotionally challenging assignments law enforcement professionals can undertake. I wrote *The Fifth Reflection* to entertain. Still, I ask readers to not forget the real human suffering that inspired me to write it."

To promote the July 2017 release of *The Fifth Reflection*, Dr. Kirschman has select availability for feature/profile and expert commentary interviews. Among the topics she can discuss are:

- The little-known realities of life in law enforcement, and the biggest myths about policing and police work
- How are police officers and their families reacting to the current anti-police atmosphere?
- What do you hope readers will learn from reading your mysteries?
- What is the ‘police paradox’? And how does it affect law enforcement families?
- The biggest sources of stress for cops
- Going against the grain and centering her contemporary crime fiction series on a fifty-something female police psychologist
- The shocking prevalence and magnitude of Internet crimes against children in America today
- Women in policing, who still represent only 10-12% of the force and face discrimination at every rank
- Why, in the midst of a successful career as a clinical psychologist and award-winning non-fiction author, she felt compelled to start writing fiction

Ellen Kirschman, PhD, has been a police psychologist for thirty years. She is the recipient of the California Psychological Association’s award for distinguished contribution to psychology, as well as the American Psychological Association’s award for outstanding contribution to the practice of police and public safety psychology. Dr. Kirschman is the author of award-winning non-fiction, including *I Love a Cop: What Police Families Need to Know* and *Counseling Cops: What Clinicians Need to Know*. Her acclaimed *Dot Meyerhoff Mystery* fiction series includes *Burying Ben* (2013), *The Right Wrong Thing* (2015) and, as of July 2017, *The Fifth Reflection*.

Find Dr. Ellen Kirschman on [Twitter](#), [Goodreads](#) and <http://www.ellenkirschman.com/>

***The Fifth Reflection* will be available for purchase in hardcover and e-book formats wherever books are sold as of July 11, 2017.**

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